Client Education Series: Canine Stomatitis

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What is Canine Stomatitis?

Generalized oral inflammation that is typically in a pattern called "kissing ulcers" or CUPS – Chronic Ulcerative Paradental Stomatitis where the mucosal tissues that are inflamed and ulcerated are the ones that touch (or "kiss") the teeth.



What causes CUPS?

The specific cause is not known, but there is an abnormal tissue response from the immune system to plaque & bacteria that is different than true autoimmune diseases like lupus, pemphigus, etc.



Signs of Canine Stomatitis

Significant oral odor, usually has a very distinct smell that is different from a typical "smelly mouth"

Drooling

Oral pain

Change in chewing, yawning, and eating habits



Diagnosis and Treatment of CUPS

<u>Biopsy</u> of the inflamed tissue is advised to confirm the diagnosis and rule out other diseases

Teeth that are diseased themselves (fractured, deep pockets of infection, etc) or in areas of very deep ulcers that cannot heal unless the tooth is removed should be extracted

Some advise full mouth extractions, but this does not guarantee a "cure"

A full cleaning and home care plan with medications are needed to help control the plaque and tartar and calm the immune system. CUPS is usually a syndrome of lifelong management.

